

PIVOT EMPLOYEE ASSISTANCE SERVICES
Community Resources

ABUSE/ASSAULT

Child Abuse Hotline	1-800-342-3720
Jefferson county CPS	785-5079
www.ocfs.state.ny.us/main/localdss.asp	
On call after hours	786-6722
NYS Child Abuse & Neglect Prevention Info Line	1-800-342-7472
Crime Victims Bureau attorney general	1-800-771-7755
Victim's Assistance Center of Jefferson County	
Main office	782-1823
Hotline	782-1855
www.vacjc.com	
Oswego County Abuse & Assault Hotline	342-1600
Lewis County rape/Assault Crisis Hotline	376-4357
	376-8202
St. Lawrence County Reach out/CAVA	265-2422
www.reachouthotline.org	
NYS Domestic Violence Hotline	1-800-942-6906
NYS Elder Abuse Info Line	1-800-342-9871
St. Lawrence Renewal House	379-9845
www.slvrenewalhouse.org	

COUNSELING SERVICES

Aids Community Resources, Inc.	
www.aidscommunityresources.com	
Alcohol & Substance Abuse Council of Jefferson County	788-4660
www.jcasac.org	
Army Community Services	772-6799
www.drummwr.com/ArmyCommunityService.htm	
Bereavement Education & Counseling (Hospice)	788-7323
www.jeffhospice.org	
Catholic Charities	788-4330
www.cathcharities.org	
CHOICES	782-4483
Community Action Planning Council (CAPC)	782-4900
http://capcjc.org	
Community Health Worker Outreach Program	782-1818
Consumer Credit Counseling Services	782-2227
www.credithelpny.org	
CREDO Community Center	788-1530
www.credocommunitycenter.com	
Family Counseling Service	
www.fcsnny.org/fundraisers.html	782-4483
Hope Counseling Services	788-9689
Lewis County Community Mental Health	376-5450
www.lewiscountyny.org/content/Departments/View/10	
Mercy Care Behavioral Health Services	782-7445
Mobile Crisis Services Hotline (24 Hour)	782-2327
www.nctls.org	
Planned Parenthood	475-5525
www.plannedparenthood.org/north-country	
Planned Parenthood (Watertown)	788-8065
www.plannedparenthood.org/north-country	

Samaritan Behavioral Health Services www.samaritanhealth.com	779-5060
Samaritan Mental Health Hotline www.samaritanhealth.com	785-4516
Transitional Living Services www.nctls.org	782-1777
Jeff/Lewis Mediation Center www.resolution-center.net	785-0333

ALCOHOL/SUBSTANCE ABUSE

Alcoholic's Anonymous www.aa.org	788-2280
Alcohol & Substance Abuse Council www.jcasac.org	788-4660
ADAP/CP Fort Drum Detox (Fort Drum Beh. Health)	772-4069
Canton-Potsdam Hospital	265-3300
Carthage Clinic of the Community Center for Alcoholism www.credocommunitycenter.com	493-4484
Commonwealth (Crouse-Irving Memorial Hospital) www.crouse.org	470-7381
Credo Community Center/Alternatives www.credocommunitycenter.com	788-1530
Ft. Drum Alcohol & Drug Abuse Prev. & Control Program www.jeffcountymentalhealth.com	772-6701
Samaritan Outpatient Alcohol Program www.samaritanhealth.com	779-5060
Lewis County Alcohol and Substance Abuse Treatment Center http://www.drugtreatmentny.com/New%20York-NY-Lewis_County-outpatientdrugtreatmentprograms-substanceabusecounselingprogram_NY.html	376-5958
Occupational Medicine Drug Testing	782-9125

COUMMUNITY RESIDENCES

Adult Homes

Angel's Inn, Watertown www.ourparents.com/new_york/watertown/angels_inn	782-2238
Jefferson County Home www.urparents.com/new_york/watertown	782-9272
East Road Adult Home, Lowville	376-7072
Evergreen Adult Home, Pulaski	298-5881
Maple Manor, Pulaski	298-5256
Elderberry Manor, Pulaski www.ourparents.com/new_york/pulaski/adirondack_manor_home_for_adults	298-7456
Valehaven Home for Adults, Oswego	342-3959
United Helpers Adult Home, Ogdensburg	393-2567
Adirondack Manor-Valehaven Adult Care Facility, Massena	769-6618

SKILLED NURSING FACILITIES

Jefferson County

Carthage Area Hospital www.carthageareahospital.com	493-1000
Samaritan Keep Home www.samaritanhealth.com	785-4400
Mercy of NNY	782-7400
Country Manor Nursing Center	493-3220

Lewis County

Lewis County General SNF 376-5200
Sunset Boonville 942-4301

Oswego

Pontiac Care & rehab Center 343-1800
St. Luke's Nursing Home 342-3166
Sunrise Nursing Home 342-4790

St. Lawrence County

Claxton Hepburn Medical. Center Residential Health Care Facility 393-3600
Highland Nursing Home 769-9956
St. Joseph's Nursing Home 393-3780
St. Regis Nursing Home 769-2494
United Helpers Nursing Home, Canton 386-4541
United Helpers Nursing Home, Ogdensburg 393-0730

HOME HEALTH CARE

Caregiver's 788-3269
www.caregivershomecare.com
Family Home Care Inc. 782-5475
Hospice of Jefferson County 788-7323
www.jeffhospice.org
Jefferson Co Public Health 786-3720
www.jeffersoncountypublichealth.org
Lewis County Public Health 376-5449
www.lewiscountypublichealth.com
Medlink of NY 265-4065
Oswego County Public Health 349-3545
www.co.oswego.ny.us
St. Lawrence County Public Health 265-3730

DURABLE MEDICAL EQUIPMENT/RESPIRATORY/INFUSION SERVICES

Apria Healthcare 1-800-801-2580
www.apria.com/branch
Associated Healthcare 782-8455
www.associatedhealthcare.com
Lincare 785-3681
www.incare.com
Marra's Homecare 788-8280
www.marrashomecare.com
Northern Regional Center for Independent Living (NRCIL) 785-8703
www.nrcil.net
Various American Legions in the Area donate Equipment check phone book.

TRANSPORTATION

Cleveland 788-6180
Guilfoyle 788-4140
Lundy's Transport 493-3710
Office of the Aging 785-3191
Paynter Senior Center, Clayton 686-3553
Samaritan Ambulette 779-5000
www.samaritanhealth.com
Samaritan Invalid Coach 785-4408
www.samaritanhealth.com
Volunteer Center 788-0422
www.volunteertransportationcenter.org
Volunteer EMS 786-2601

Watertown Bus System	785-7772
Wilna/Champion Transportation	493-3449
Social Security Administration	788-5839
Department of Social Services, Jefferson County	782-9030
Department of Social Services, Lewis County	376-5400
Department of Social Services, St. Lawrence County	379-2101
St. Lawrence County Reach out	265-2422

LEGAL

Jefferson County Probation Department	785-3065
Legal Services of Central New York	788-2072
Child Protective Services	785-5079
Adult Protective Services	785-3210

MOTHER/CHILD/FAMILY

Adoption	
Open Arms (Private)	1-800-265-2237
Catholic Charities	788-4330
www.cathcharities.org	
New York State Adoption Services	1-800-345-5437
Child Care Resources & Referral	782-8475
Child Care Services	785-5164
Child Health Care Plus	1-800-698-4543
Children's Home of Jefferson County	788-7430
www.nnychildrenshome.com	
Community Action Planning Council (CAPC)	782-4900
http://capcjc.org	
Family Health Care Plus	1-877-934-7587 or 782-4900
Fort Drum New Parent Support Program	772-0748
Jefferson County Public Health car seat loan (weekdays)	786-3735
New York Parent Connection	1-800-345-5437
North Country Children's Clinic	782-6400
www.childrens-clinic.org	
Dental services	788-9834
Pediatric/Adolescent Medicine	782-6400
WIC Program	782-9222
Planned Parenthood, Syracuse	475-5525
Planned Parenthood, Watertown	788-8065
www.plannedparenthood.org	
North Country Prenatal Perinatal Council	788-8533
www.ncppc.org	
Samaritan Woman to Woman Program	785-4155
www.samaritanhealth.com	

HOUSING ASSISTANCE

Catholic Charities	788-4330
www.cathcharities.org	
Community Action Planning Council (CAPC)	782-4900
http://capcjc.org	
Family Support Division – Army Community Service	772-6557
www.drum.army.mil	
Housing Assistance Program of Jeff-Lewis Counties	788-0193
Jefferson County Department of Social Services	782-9030
Lewis County Department of Social Services	376-5400
St. Lawrence County Department of Social Services	379-2101

Neighbors of Watertown Inc. www.neighborsofwatertown.com	782-8497
Watertown Housing Authority www.whany.org	782-1251
Watertown Urban Mission www.watertownurbanmission.com	782-8440

FOOD ASSISTANCE

Catholic Charities www.cathcharities.org	788-4330
Community Action Planning Council (CAPC) http://capcjc.org	782-4900
Family Support Division – Army Community Services	772-6557
Jefferson County Department of Social Services	782-9030
Lewis County Department of Social Services	376-5400
Meals on Wheels	782-5555
St. Lawrence County Department of Social Services	379-2101
North Country Children’s Clinic- WIC www.childrens-clinic.org	782-9222
Salvation Army www.salvationarmy.org	782-4470
Watertown Urban Mission www.watertownurbanmission.com	782-8440

MEDICAL INSURANCE ASSISTANCE

Child Healthcare Plus	1-800-698-4543 or 782-4900
EPIC (Elderly Pharmaceutical Insurance Coverage)	800-332-3742
Family Health Care Plus	1-877-934-7587 or 782-4900
Prenatal Care Assistance Program (PCAP)	782-9450
Wellness Connection	Google it 376-5454
Jefferson County Department of Social Services	782-9030
Lewis County Department of Social Services	376-5400
St. Lawrence County Department of Social Services	379-2101
Medications www.needymeds.com	

DISABILITIES/REHABILITATION (Also see support organizations)

JCC Workplace	782-9252
Children’s Miracle Network (SMC)	785-4053
Commission for the Blind and Visually Handicapped	428-4147
Community Action Planning Council (CAPC) http://capcjc.org	782-4900
Disabled Persons Action Organization www.dpao.org	782-5285
Jeff County Association for the Retarded Children Hostel	788-2730
Jefferson Rehabilitation Center/Career Connections	788-2730
Lupus Foundation www.lupus.org	
Muscular Dystrophy Association	788-2017
Northern Regional Center for Independent Living (NRCIL) www.ncril.net	785-8703
Vocational & Educational Service for Ind. With Disabilities	428-4179
Worker’s Compensation	428-4464

SUPPORT ORGANIZATIONS / SERVICES

AA Hotline www.aaici.org	1-800-765-8336 or 788-2280
--	----------------------------

Aids Community Resources, Inc. www.aidscommunityresources.com	785-8222
Alzheimer's Association of Central NY www.alzcn.org	782-8755
American Cancer Society www.Cancer.org	1-800-887-5514 or 437-7025
American Diabetes Association www.diabetes.com	800-342-2383 or 438-8687
American Heart Association www.americanheart.org	782-1791
American Red Cross www.redcrossnny.com	782-4410
Army Community Center www.drummwr.com/ArmyCommunityService.htm	772-6799
Benchmark Family Services, Inc.	786-7285
Big Brothers/Big Sisters www.nnychildrenshome.com	788-7430
BOCES Jeff/Lewis www.boces.com	779-7000
Central Association for the Blind & Visually Impaired	797-2233
Community Action Planning Council (CAPC) http://capcj.org/	782-4900
Consumer Dir Personal Assistance Program www.nnycerebralpalsy.com	786-0983
Consumer Credit Counseling of CNY, Inc www.credithelpny.org	782-2227
Cornell Cooperative Extension www.cce.cornell.edu	788-8450
Cystic Fibrosis Foundation of CNY www.cff.org	1-800-962-6578
Fort Drum New Parent Support Program	772-0748
Gamblers Anonymous	482-9445
HIV Care Network of CNY	472-8099
Home Energy Assistance Program (HEAP) http://capcj.org/	785-3191
Hospice – Jefferson County www.jeffhospice.org	788-7323
Jefferson County Department. Of Social Services	782-9030
Clinic Services	786-3730
Emergency Medical Services	786-3760
Home Care Services	786-3770
Physically Handicapped Children's Program	786-3750
Jefferson County Public Health	786-3720
Life-Net Security www.statcommunications.com	786-4092
Literacy Volunteers of Jefferson/Lewis County www.proliteracynny.org	782-4270
Mental Health Association Drop In Center www.mhajc.org	788-6733
MINC – Ministries in the North Country	658-4730 or 322-4271
NY Center for Problem Gambling	800-437-1611
Office of the Aging – Jefferson County	785-3191
Office of the Aging – Lewis County	376-5313
Office of the Aging – St. Lawrence County	379-2204
Poison Control Center of Central NY www.upstate.edu/poison	1-800-252-5655

Reach out of St. Lawrence County Crisis 24hrs. www.reachouthotline.org	265-2422
Samaritan Health line (Physicians Referrals) www.samaritanhealth.com	785-4151
SPCA Jefferson County (Animal Shelter)	782-3260
Thousand Island Girl Scouts Council, Inc	782-1890
United Way www.unitedwayofnorthernnewyork.org	788-5631
Veteran's Services	785-3086
Volunteer Center of Jefferson County	788-0422
Youth Bureau	785-3382
Samaritan Services www.samaritanhealth.com	785-4000
YMCA www.watertownymca.org	785-8158
Youth Advocacy Program www.yapinc.org	782-9237